

Issue 3

FROM THE EDITOR

Welcome to the third edition of "@ The ORC", keeping you up to date with everything that's happening here at the Overton Recreation. This month, our focus is on cricket, golf, tennis and how you can make new donations to our charity FREE through easyfundraising.org.uk

As usual, if your club or society would like to feature in this newsletter, please email Graham Devereux at <u>chairman@overtonrecreationcentre.org.uk</u>

Don't forget to follow us on Facebook and Twitter, as well as visit our website. All the details are at the end of the newsletter.

CHAIRMAN'S CHAT

Spring has truly arrived and the grass is growing at a rapid rate! Our groundsmen are working flat out to make sure our facilities at Bridge Street, Town Meadow and Berrydown are maintained at the standard necessary to allow everyone to enjoy their games.

The fencing and hedging has now been completed at Town Meadow. As mentioned before we just need to be patient when it comes to tree pollarding as we mustn't disturb the birds that are nesting locally.



In this newsletter you can find out a bit more about cricket, golf and tennis. Also hear about how we started a new fund raiser called "The Great Overton Walk" designed to engage the local community and support our effort to bring an indoor sports hall to the village. And for those that shop online we'd appreciate your support through your engagement with easyfundraising.org.uk – check it out!

The Great Overton Walk

On Sunday 12th May 50 adults and children set out to explore the local countryside north of the village. An idea created by Gary Savory lead to Brian Shadwell, Denise Williams and Tina Devereux organising two walks to suit all comers: a longer route via the Harrow Way, Jack Mills Lane and Portals Mill (7 miles) and a shorter route involving the Harrow Way and Portals Mill (3 miles). Mary Reid kindly offered her hospitality skills with tea, coffee and cakes at the end of an enjoyable morning. Overall £400 was raised which we had already decided to share with Naomi House. Thank you for your support we will be doing this event again!

Overton Tennis Club

The tennis club will be holding junior tennis sessions on Fridays commencing 3.45 p.m. Friday 7th June 2019 and will last about 45 minutes.

Junior school age or just below if they can hold a racket.

It will last all June and depending on events at school may go in to July 2019.

Senior club nights have commenced on Tuesdays and Thursdays at 7 p.m.

Anyone interested in tennis contact Bob Pallister on 01256 770743

Overton Golf Club

Playing golf is associated with better strength and balance, a sharper mind, a lower risk of heart disease and a longer life, according to public health experts who say more people should take up the sport. "Regular physical activity is one of the best things you can do for your health, decreasing the risk of heart attacks, strokes, type 2 diabetes, as well as dementia, depression and anxiety," said Dr. Andrew Murray of the University of Edinburgh in the UK in a recent study. Golf of course isn't unique in offering these health benefits but it's a great way to improve your lifestyle. And it's on your door step here in Overton at Town Meadow on the western outskirts of the village. Come and enjoy yourselves!

Town Meadow Golf Club forth coming events:

| June 2nd | Club Championships (stroke & handicap singles) |
|-------------------|--|
| June 3rd - 9th | Monthly medal |
| June15th | Match V's Farnham (Away) 10 golfers required. |
| July 7th | Walkers Cup (Combined Stapleford) |
| July 8th - 14th | Monthly medal |
| August 14th | Duncan King Trophy (Singles strokeplay) |
| August 5th - 11th | Monthly medal |
| August 10th | Match V's Farnham (Home) 10 golfers required |

New members always welcome - Call Emma - 01256770455 for details More information - <u>www.townmeadowgolf.co.uk</u>

Overton Cricket Club

The Cricket World Cup started in England on 30th May with the final culminating on Sunday 14th July.

Overton CC is a friendly, competitive club that plays in the Hampshire leagues at weekends and locally around Basingstoke midweek. You or your younger family may be interested and we can offer an introduction to cricket for 5-7 year olds on Fridays May-mid July. Competitive team cricket is available for U11 and U13 age groups with structured coaching support. Please enquire via the Overton Recreation Centre web site.

Easyfundraising - How does it work?

I mentioned earlier that you could help us every time you shop online!

easyfundraising turns your everyday online shopping into free donations for us – we hope we can become your favourite cause. How? <u>Just start your online shopping first at easyfundraising</u>, then shop as normal. Your chosen retailers will then make a small donation to say "thank you".

Take a look at their web site on <u>www.easyfundraising.org.uk</u> and search for Overton Recreation Centre as the cause you want to support – it's as easy as ABC!!

Website: www.overtonrecreationcentre.org.uk Facebook: www.facebook.com/overtonrecreationcentre Twitter: www.twitter.com/orc_overton

Design and development of this newsletter by Overton Web Services www.overtonwebservices.uk / email: contact@overtonwebservices.uk